Pascale Bernard

IPE Therapy® - Integrative Psycho Energetic Therapy

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www.ipe-therapy.com

Presentation and training, Singapore June 2^d to 30th, 2015

Venues will be given at registration time (by email)

Presentations / Meetings	Remarks	Dates
In English The fundamentals of vitality and of our energy systems	For all publics2,5 hour presentation.Followed by questions / answers during pot luck	Thursday June 4 th 7 pm - 10 pm Free

IPE Therapy training – Level 1, June 2015

1 day Tuesday, June 2 th 9 am - 5 pm SG\$ 250

Practical Workshop: Psychosomatic and energetic behaviors. How to manage our life stress.

Group work on the links between behaviors, energy systems and our life experiences.

This workshop will provide hands-on application of Basic Module 1.

Pre-requisite: Having attended introduction class & basic module 1 (2 days)

1 day Saturday, June 13th 9 am - 5 pm SG\$ 250 - Repeating class SG \$ 80

Introduction: IPE Therapy and Trace minerals complexes (Nutri®*) (class already taught in April)

Trace minerals complexes (Nutri®*)

- General presentation. How to use them - The importance of cellular communication and how to maintain it.

The fundamentals of vitality and our well-being.

- Macro information / micro information approach.
- Practical case studies.

Course for everyone

2 days Sunday, June 14th & Saturday 20th 9 am - 5 pm SG\$ 500 - Repeating class SG \$ 160 Basic Module 1: Energy systems, behaviors, cellular information (class already taught in April)

Part 1: Behaviors and cellular information

- Links between behavior, energetic systems & our life story.
- Information, memories and encoding memories: the impact on our body and vitality. Several real case studies. *NB: Part 2 will be taught in Module 2 "Essentials", June 21st and 22nd, 2015.*

Course for everyone



1 day Tuesday. June 16th 9 am - 5 pm SG\$ 250 -

Basic Module 2: The Fundamentals

The psycho-energetic fundamentals of life balance. and

Part 2: Behavior and Cell Information (Part 1 was studied in Basic Module 1)

- In-depth study of unconscious energetic behaviors
- Understanding their sources and consequences
- Information, memory and encoding memories: How to search for them, locate and analyze them Case studies.

Pre-requisite: Having attended introduction class & basic module 1 (2 days)

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Evening, 3 hours Thursday, June 18th 7 pm - 10 pm

SG \$ 120 - Repeating class SG\$ 40

Practical workshop -- Muscle testing

Learn how to listen to the body with the muscle testing.

The body knows everything; it speaks to us and expresses itself.

Understand and practice muscle testing, essential and fundamental rules.

- Exercises, applications

Course for everyone

1 day Friday, June 19th

9 am - 5 pm SG\$ 250

Repeating class SG \$ 80

Specialty module. Introduction

Traumas of life and transgenealogic memories (This class was taught in April)

This course is mainly based on experience and approach to practical cases.

Their origin. The importance of the traumatic context.

How do they manifest themselves or not? - How information becomes a coding memory or not? Case studies.

Course for everyone



1 day Monday, June 22th 9 am - 5 pm SG\$ 250

Specialty module. Basics:

Steps of evolution and self-construction in life Systems of repetitive memories (Part 1)

From conception to old age: the obligatory stages of self-construction

Part 1: Conception, Embryo and Foetal life & Chilhood

- Unbalanced or disturbed stages: The impact on our energy systems, our psychological behavior and our physical and psychological health.
- Understanding the origin of imbalances and their consequences
- Searching and find information, memories and coding memories.

Case studies.

Pre-requisite: Having attended introduction class & basic modules 1 & 2



1 day Tuesday, June 23 th 9 am - 5 pm SG\$ 250

Specialty module. Basics:

Steps of evolution and self-construction in life Systems of repetitive memories (Part 2)

From conception to old age: the obligatory steps of self-construction

Part 2: Adolescence, adulthood and senior age

- Unbalanced or disturbed stages: The impact on our energy systems, our psychological behavior and our physical and psychological health.
- Understanding the origin of imbalances and their consequences
- Searching and find information, memories and coding memories.

Case studies. NB: practical workshop will be given in the autumn of 2015.

Pre-requisite: Having attended introduction class & basic module 1 and 2 (3 days) and steps of life class (part 1)



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IPE Therapy - training - Level 1, June 2015

Venues will be given at registration time (by email)

1 day Wednesday, June 24th 9 am - 5 pm SG\$ 250

Specialty module: Level 1

Traumas of life and transgenealogic memories

This course is mainly based on experience and approach to practical cases.

Their origin. The importance of the traumatic context.

How do they manifest themselves or not? - How information becomes a coding memory or not? Case studies.

Pre-requisite: Having attended introduction class & basic module 1 and 2 (3 days)

1 day Thursday June 25th 9 am - 5 pm SG\$ 250

Practical workshop on basic modules 1 and 2

- Questions / answers on basic modules, traumas and memories.
- Work supervised in small groups on case studies.
- Work in-group with a "guinea pig"

Pre-requisite: Having attended <u>introduction class</u> & <u>basic module</u> 1 (2 days) & module 2 (1 day)

For these modules, tools used and taught:

- Active listening, speech, words, tone of voice.
- Know how to collect and analyze information
- Trace elements tools (Nutri®*)
- Muscle testing,
- The dowser method will be discussed in Module 3

The prices do not include meals, neither the accommodation.

The classes will be confirmed with a minimum of 6 persons.

The kit of the 40 trace minerals boxes is not included; a special price will be negotiated for the students.

<u>15 % Discount</u> will be given for a 3, 4 or 5 modules minimum registration The discount will apply on all courses and will be deducted from the last payment.

After 5 modules paid, a 20 % discount will be given for all the following module registrations

For more information or to book an individual session, please contact:

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Group class program and dates or individual session dates are available by email or on the websites: www.ipe-therapy.fr (in French) www.ipe-therapy.com (in English)

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